



# INTERNATIONAL PROGRAMS

COLORADO STATE UNIVERSITY

## CSU EDUCATION ABROAD PRE-DEPARTURE CHECKLIST

**PASSPORT:**

- Make a least 2 least copies of your passport.
- Give one copy to your emergency contact in the U.S.
- Keep one copy on you, separate from your passport when traveling
- Must be valid for duration of your stay (valid 6 months beyond departure date recommended)
- One blank passport page required for entry stamp

**HEALTH:**

- Talk with your doctor about any pre-existing conditions, medications, etc.
- Bring enough medication, contacts, glasses, etc. for the entire program
- Get a doctor's note for any prescriptions you plan to carry with you. Check to make sure it is not a controlled substance in the host country
- Bring your international health insurance card
- Bring your vaccination card/documentation (if applicable).
- The CSU Health Network advises all international travelers to be fully vaccinated against COVID-19 prior to travel. This includes booster doses if eligible based on dates of their initial series.

**CREDIT & DEBIT CARDS:**

- Notify your bank that you plan to travel.
- Make copies of the front and back of the cards you plan to take and leave a copy with your emergency contact.

**MONEY:** Determine how you plan to get local currency (before departure or on arrival).

**REGISTER YOUR TRAVEL:** It is required that you register with the [STEP program \(Smart Traveler Enrollment Program\)](#)

**SHARE YOUR ITINERARY AND EMERGENCY CONTACT DETAILS:** Give a copy to your emergency contact and keep one for yourself.

**CELL PHONE:** Make a plan for your [cell phone use abroad](#).

**INTERNATIONAL STUDENTS ONLY:** Arrange a meeting with an International Student Scholar Services Advisor to get any immigration documents signed for travel outside the U.S.

Complete the questionnaires in [your myEdAbroad portal](#) ASAP if you have not done so already.

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**PACK IN YOUR CARRY ON OR CARRY ON YOUR PERSON:**

- PASSPORT & PHOTOCOPY (SEPARATE LOCATIONS)
- HEALTH INSURANCE INFORMATION
- CREDIT CARDS/CASH (SEPARATE LOCATIONS)
- MEDICATIONS (IF APPLICABLE)
- VACCINATION CARD/DOCUMENTATION (IF APPLICABLE)
- ANY VALUABLES (IT IS NOT RECOMMENDED THAT YOU TAKE VALUABLES)

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